

# St. Mary the Virgin Anglican Church

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**March 1, 2020**

**The First Sunday in Lent.**

O LORD, who for our sake didst fast forty days and forty nights: Give us grace to use such abstinence, that, our flesh being subdued to the Spirit, we may ever obey thy godly motions in righteousness and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

## **TODAY AT ST. MARY'S**

*O Lord and Master of my life! Take from me the spirit of sloth, despondency, lust of power, and idle talk. But give rather the spirit of chastity, humility, patience, and love to Thy servant. Yea, O Lord and King! Grant me to see my own faults and not to judge my brother; For Thou art blessed unto ages of ages. Amen*  
(The Lenten Prayer of ST. Isaac the Syrian)

**Nursery** for infants & toddlers is available in the Good Shepherd Nursery. Leader: Heidi D

**Godly Play in the Children's Worship Centre for children 3 - 6 years.**

"Today's story is 'Jesus and the Children' Luke 18: 15-17. Melanie B, Sandra D

**Faith Quest (ages 7-13)** worship and serve in church today.

**Coffee and Tea and Finger Food** are available in the upper following the service.  
Coffee Host: Lois M, Pat S and Marian P

**Holy Communion.** *All baptized Christians are welcome to come forward with faith and love to receive Holy Communion.*

**The Intercessions Book** on the table with the bread and the offering plates has space for you to write in the names of people you wish us to remember in prayer this morning, and throughout the week. Prayers will be offered for travelers, those in special need, and the departed.

## MORNING PRAYER AT TEN

Prayer Book, pp.6-15, Psalm 63, Daniel 9.3-10,; Hebrews 2.10-18  
(Benedicte p. 26 replaces Te Deum in Lent)

## HOLY COMMUNION AT HALF-PAST TEN

*\* Congregational Choir Practice \**

*Please stand for*

The Sentence of Scripture.

Introit: The Lenten Prose.

Cantor: Hear us, O Lord, have mercy upon us: for we have sinned against thee.

***R./Hear us, O Lord, have mercy upon us: for we have sinned against thee.***

To thee, Redeemer, on thy throne of glory:  
lift we our weeping eyes in holy pleadings:  
listen, O Jesu, to our supplications.

***Hear us, O Lord, have mercy upon us: for we have sinned against thee.***

O thou chief cornerstone, right hand of the Father:  
way of salvation, gate of life celestial:  
cleanse thou our sinful souls from all defilement.

***Hear us, O Lord, have mercy upon us: for we have sinned against thee.***

The Lord's Prayer

*(Prayer Book p. 67)*

*Please kneel for*

The Collect for Purity

The Decalogue, Lord, Have Mercy  
Collects.

*(Prayer Book p. 69, 70)*

*Please sit for*

Old Testament Lesson

Psalm 32  
Epistle

*(Prayer Book p. 366)*

*Please stand for*

Gradual Hymn: **179 Tree of Life**

The Holy Gospel  
The Nicene Creed

*(Prayer Book p. 70)*

*Please sit for*

The Sermon.

*Please stand for*

The Offertory Hymn: **610 Before I Take the Body of the Lord**

Offertory Anthem

**Blessed be thou, Lord God of Israel for ever and ever.  
All that is in the heaven and in the earth is thine.  
All things come of thee, and of thine own, have we given thee.**

The Intercessions

*Please kneel for*

The Confession and Absolution  
Great Thanksgiving, Peace, Prayer of Humble Access

*(Prayer Book p. 76, 77)*  
*(Prayer Book p. 78ff)*

*Please sit for*

The Communion  
Hymns during Communion:

One Bread, One Body

**Refrain: One bread, one body  
One Lord of all  
One cup of blessing which we bless  
And we, though many  
Throughout the earth  
We are one body in this one Lord**

**Gentile or Jew  
Servant or free  
Woman or man, no more**

**Many the gifts  
Many the works  
One in the Lord of all**

**Grain for the fields  
Scattered and grown  
Gathered to one, for all**

*Jesus All for Jesus.*

**Jesus, all for Jesus.**

**All I am and have and ever hope to be. (repeat)**

**All of my ambitions, hopes and plans  
I surrender these into your hands. (repeat)**

**For it's only in your will that I am free (repeat)**

**Jesus, all for Jesus**

**All I am and have and ever hope to be.**

**For it's only in your will that I am free**

**For it's only in your will that I am free**

**Jesus, all for Jesus**

**All I am and have and ever hope to be**

*Please kneel for*

The Lord's Prayer, Thanksgiving after Communion

*(Prayer Book p. 85)*

The Lenten Anthem

**O KING all glorious amid thy saintly company, / who ever shalt be praised:  
Thou, O Lord, art in the midst of us, / and we are called by thy holy Name.  
Leave us not, O our God; / but grant us that with a pure conscience we may  
duly keep the Paschal Feast,  
And at the day of judgement / be placed in the number of thy Saints and  
chosen ones, King most blessed.**

The Blessing

*Please stand for*

The Hymn: **618 Glorious in Majesty**

Dismissal: Go in peace to love and serve the Lord. **Thanks be to God.**

*Lunch and refreshments in the Parish Hall follow the service.*

**Parish Life Notes**

**Baby Shower.** Rachel M (daughter of Art and Marian P) and her husband, Cordel, are expecting a child in April. All women of St. Mary's are warmly invited to a baby shower on Sunday, March 8<sup>th</sup> at 7.30 p.m. at 3159 Harding Street. Please contact Karen M (Rachel's sister) by phone, text, or email for more details. We hope you can join us!

**Worship Service at Wascana Rehabilitation Centre** led by a team from St. Mary's today at 1:30 pm. in the chapel. All are welcome!

**“Becoming the Story We Tell” Lenten Small Groups** begin this week! Schedule and sign up sheet are on the welcome table.

**The Lenten “Ember Day” Services of Solemn Prayer** this week are as follows:

Wednesday -for the Ministry of the Church:

8.30 a.m. Morning Prayer. 12.10 Holy Communion 4.30 p.m. Evening Prayer.

Friday- for Missionary Work in Canada:

8.30 a.m. Morning Prayer, 12.10 Holy Communion, 4.30 Evening Prayer.